



BLS SCENARIO - Child over 1 year

Single Rescuer

You are a daycare provider caring for children that are playing at a park. Suddenly, you witness a 4-year-old collapse to the ground.

1. Examinee secures the scene. (*Scene is safe*)
2. Assesses patient responsiveness. (*No pulse present, no breaths observed*)
3. Calls for help and gets AED first, then begins CPR.
4. Demonstrates correct CPR hand placement, one palm or both palms one over the other, on lower sternum between the nipples.
5. Performs single rescuer CPR: 30 compressions/2 breaths for 5 cycles (2 min).
6. Demonstrates correct compression rate, depth and complete chest recoil.
7. Opens airway, gives effective breaths, and observes visible chest rise. (*Help arrives with an AED.*)
8. Demonstrates correct placement of AED pads.
9. Clear of the patient during rhythm analysis/shock.
10. Continues CPR immediately after shock delivery.

BLS - Skills Verification Checklist

Skill Tested	Completed	
	Yes	No
Establishes scene safety.		
Assesses patient responsiveness (stimulate/speak to child, check breathing/pulse)		
Collapse witnessed: Calls emergency response, gets AED, then starts CPR.		
Demonstrates correct hand placement (one or both palms one over the other, on lower sternum between the nipples.)		
Delivers 30 compressions / 2 breaths over, 5 cycles (2 min).		
Demonstrates correct CPR rate: (100-120/min.) and depth (2 inches).		
Allows complete recoil of chest between compressions.		
Opens airway appropriately (head tilt/chin lift, jaw thrust).		
Delivers 2 breaths with visible chest rise.		
Performs correct AED placement.		
Stays clear of patient for rhythm analysis and shock.		
Immediately resumes CPR after shock.		