



## **BLS SCENARIO - Infant 0 to 1 year**

### **Single Rescuer**

*You are babysitting a 4-month-old infant that is lying in his crib. You go to prepare a bottle of milk and when you return the infant appears to be unresponsive.*

1. The examinee should secure the scene. (*Scene is safe*)
2. Assesses patient responsiveness. (*No pulse present, no breaths observed*)
3. Commences 2 min CPR first, then calls for help/gets AED.
4. Demonstrates correct CPR hand placement - two fingers over sternum of chest.
5. Performs single rescuer CPR: 30 compressions/2 breaths for 5 cycles.
6. Demonstrates correct compression rate, depth and complete chest recoil.
7. Opens airway, gives effective breaths, and observes visible chest rise. (*Help arrives with an AED*)
8. Demonstrates correct placement of AED pads.
9. Stays clear of the patient during the rhythm analysis and shock.
10. Continues CPR immediately after shock delivery.

## BLS - Skills Verification Checklist

Skill Tested	Completed	
	Yes	No
Establishes scene safety.		
Assess patient responsiveness. (stimulates and speaks to infant, check breathing and pulse)		
Collapse un-witnessed: Perform 2 minutes of CPR first, then calls emergency response and retrieves the AED.		
Demonstrates correct hand placement. (two fingers on sternum of lower chest)		
Delivers 30 compressions to 2 breaths over 5 cycles (2 minutes).		
Demonstrates correct CPR rate (100-120/min.) and depth (1.5 in. or 1/3 of chest).		
Allows complete recoil of chest between compressions.		
Airway opened appropriately (head tilt/chin lift, jaw thrust).		
Delivers 2 breaths with visible chest rise.		
Correct AED placement without disrupting compressions.		
Stays clear of patient for rhythm analysis and shock.		
CPR immediately resumed after shock.		