



BLS SCENARIO - Infant 0 to 1 year

Two Provider Rescue

You and another nurse are getting dinner after a shift when a woman yells for help. Her 3-month old infant has become unresponsive.

1. Establishes scene safety. (*Scene is safe*)
2. Assesses infant's responsiveness. (*No pulse detected, not breathing*)
3. Examinee directs mother to call for help and get AED, and proceeds to perform two-provider CPR.
4. Demonstrates correct CPR hand placement, having the hands encircle the infant's torso with thumbs midline over sternum, 1 cm below nipple line.
5. Gives 15 compressions to 2 breaths for 10 cycles.
6. Demonstrates correct compression rate, depth, and allows for complete chest recoil.
7. Opens airway, and observes for visible chest rise with breaths given. (*mother has returned with AED*).
8. Examinee switches roles with second provider. Second provider now performs CPR compressions.
9. Examinee demonstrates correct placement of AED pads, without disrupting compressions.
10. Examinee directs everyone to be clear of patient during rhythm analysis and shock.
11. Continues CPR immediately after shock delivered.

BLS - Skills Verification Checklist

| Skill Tested | Completed | |
|---|-----------|----|
| | Yes | No |
| Establishes scene safety. | | |
| Assesses patient responsiveness. (Stimulates and speaks to infant. Checks for breathing and pulse.) | | |
| Starts two-provider CPR. | | |
| Demonstrates correct hand placement (hands encircle infant's torso with both thumbs positioned midline over the sternum, 1 cm below nipples.) | | |
| Performs 15 compressions to 2 breathes for 10 cycles (2 min). | | |
| Demonstrates correct CPR rate (100-120/min.) and depth (1.5 in. or 1/3 of chest). | | |
| Allows for complete recoil of the chest between compressions. | | |
| Opens the airway appropriately (head tilt/chin lift, jaw thrust). | | |
| Delivers 2 breaths with visible chest rise. | | |
| Providers switch CPR roles at 2 minutes (10 cycles). | | |
| Places the AED pads on the patient correctly, without disrupting compressions. | | |
| Stays clear of patient for rhythm analysis and shock. | | |
| Resumes CPR immediately after shock. | | |