



RESPIRATORY ARREST SCENARIO

You are watching a 2-year-old that is sitting at the table eating grapes. A few moments later you notice he is silent, and appears cyanotic.

1. Assesses airway, breathing, and circulation. (*Patient unable to make noise, not breathing, pulse present*)
2. Distinguishes between complete and partial airway obstruction.
3. Initiates emergency response and calls for help.
4. Recognizes need for intervention: Heimlich maneuver
5. Demonstrates Heimlich maneuver correctly by placing arms around the patient's waist, having their hand over fist, with thumb side of fist above naval, and then provides fast upward abdominal thrusts.

You are performing the Heimlich maneuver but the child suddenly becomes unresponsive

6. Begins CPR immediately: single rescuer CPR 30:2 ratio
7. Prior to rescue breaths checks for obstruction in patient's mouth (*After 2 cycles: You notice the grape is now visible in the mouth.*)
8. Removes the obstruction from the patient's mouth.
9. Continues CPR. (*Patient now breathing spontaneously, strong pulse present*).
10. Monitors patient condition until paramedics arrive.

PALS Skills Verification Checklist - Airway Management

Skill Tested	Completed	
	Yes	No
Assess airway, breathing, and circulation.		
Identifies complete airway obstruction. (able to distinguish between partial and complete)		
Activates emergency response and calls for help.		
Identifies correct intervention: Heimlich maneuver.		
Performs Heimlich maneuver correctly: arms around waist, hand over fist, thumb side of fist above naval, fast upward abdominal thrusts.		
Begins CPR once patient becomes unresponsive.		
Checks for obstruction in mouth prior to giving rescue breaths.		
Removes obstruction once it is visible.		
Continues CPR.		
Monitors patient condition until help arrives.		