

## BLS SCENARIO – Adult (Two-Rescuer) (Test administrator dialogue provided in italics)

You are at a company Christmas party when a fellow coworker nearby starts yelling for help. A fellow employee has collapsed to the ground.

- 1. The examinee should secure the scene. (*Scene is safe*)
- 2. Assesses patient responsiveness. (*No pulse present, no breaths observed*)
- 3. Directs someone to call for help and get the AED. (Bystanders have gone to call 911 and get the AED)
- 4. Begins Two-Rescuer CPR. Demonstrates correct CPR hand placement and body positioning over patient.
- 5. Demonstrates opening the airway, gives effective breaths, and observes visible chest rise.
- 6. After two minutes of two-rescuer CPR they pause to check for a pulse. (No pulse present)
- 7. Examinee takes the position of providing rescue breaths and begins a second round of CPR. (AED has arrived, switch providers giving compressions)
- 8. Examinee immediately returns to CPR after shock delivered.

| BLS SCENARIO – Adult (Two-Rescuer) Checklist                                     |           |    |
|--|-----------|----|
| Skill Tested   | Completed |    |
|  | Yes       | No |
| Establish scene safety   |           |    |
| Assess patient responsiveness (check for pulse/breathing, no longer than 10 sec) |           |    |
| Activates emergency response (calls for help/AED)                                |           |    |
| Correct CPR hand placement and positioning                                       |           |    |
| Correct CPR rate (100-120/min.) and depth (2 inches)                             |           |    |
| Allows for complete recoil of chest between compressions                         |           |    |
| Airway opened appropriately (head tilt/chin lift, jaw thrust)                    |           |    |
| Delivers 2 breaths (each over 1 second) with visible chest rise                  |           |    |
| Correct AED placement without disrupting compressions                            |           |    |
| Clear of patient for rhythm analysis and shock                                   |           |    |
| Compressions immediately resumed after shock                                     |           |    |